

# Session Coach (short term) - Curlew RC

## **About Curlew RC:**

Curlew RC is based in East London, founded in 1866. We are a sweep focused club, with the main aims of the season for the senior squads is to improve year on year results at WeHoRR (2023: 95th, 2022: 58th) and HoRR (2023: 95th) and progression through HWR and HRR. Recent HWR appearances include: The Lester Trophy (2023, 2021 and 2019) and The Copas Cup (2022). Recent HRR appearances include: Wyfold (2023, 2022, 2021, 2019) and Thames (2019).

Our senior squad rowers are from a mix of backgrounds: those who have rowed since school, those who learned at university, and those who have progressed through our popular learn to row programmes and development squad at Curlew RC. We have athletes early on in their rowing career through to those with international and national titles.

Athletes all follow the same land and water-based training programme with set training six days a week. Water sessions are Saturday and Sunday mornings throughout the year, with additional midweek sessions on the water when light permits in the spring, summer and autumn.

Our fleet is based at the London Regatta Centre, rowing on the Royal Albert Dock, a 2000m multi-lane stretch of water with a cycle path along the whole of one side of the dock. Our clubhouse and recently refurbished gym are on the banks of the Thames in Greenwich.

## **Position:**

We are looking for session coaches, available immediately, to help coach 1 or 2 crews per session until our new Head Coach is able to start.

This would be to cover weekend morning sessions (6:45 - 11am) at the docks for a period of up to 3 months.

If you're looking to transition from rowing into coaching this could be an ideal opportunity to build your experience. We would also welcome more experienced coaches wanting to work with our athletes before committing to applying for our Head Coach role. We are open to a discussion about remuneration for experienced coaches and are also happy to pay reasonable expenses.

Contact [chair@curlewrowingclub.co.uk](mailto:chair@curlewrowingclub.co.uk) for more information or to apply