



curNEWS

The News for Curlew

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KICKING OFF THE NEW SEASON

START OF SEASON SOCIAL

Our newly elected captains, Dan, Wizzy, Peter and Nick, outlined their goals and expectations for the upcoming season, with a helpful reminder to fill out the club survey!

Claire, our club captain, provided additional guidance and reminders regarding what the club expects from its members during the season.

With a brief drinks break allowing club members to recharge and socialise, squads dispersed for more focussed discussions, answering questions and priming squads for a season of competition and camaraderie.

Despite the shadow of the arms fair disrupting our opening weekend, all members are excited to forge ahead with the new season, and to see where we end up!



AUTUMN L2R COURSE BEGINS!

Curlew's annual autumn Learn to Row course has finally kicked off on 24th October, with 20 new members joining us to start their journey to learning how to put the blue bit in the water (thanks, coach Nick).

Those on the course will be doing one water session, one erg session, and one session in the tank every week for the next eight weeks. Shoutout to those who have already volunteered, and supported the course so far!

Their erg sessions are taking place on Tuesdays from 7pm onwards, so members are asked to avoid going to the gym during this time to avoid clashing with their session.

Learn to Row graduation will be on 19th November at the clubhouse, with the bar open – all are welcome!



WHAT'S HAPPENED?

SOCIALS, SOCIALS AND MORE SOCIALS!

As a reminder after the very successful first monthly clubhouse social. The clubhouse will now be open from 7pm every third Thursday of the month after the erg session – all are welcome! I'm sure the Yacht will miss us all dearly.

We've got a lot more socials to come, including karaoke at the clubhouse on 13th October, and our Christmas party! Look out for more details!

RIP PRIME COFFEE: GONE, AND NOT MISSED

We say farewell to our not-so beloved local coffee shop, Prime Coffee. Known for its slow service, terrible quality, out-of-date sausage rolls, and burnt croissants, this is one part of the docks that we will not miss. It is understood that a new tenant is being looked for, but in the meantime, bring your own snacks!



DOCKS CLOSED FOR WARSHIPS

A somewhat surprising interruption to our start of season came in the form of some warships which arrived at the docks for the four-day arms fair, which was held last month. With the trade show held every two years, let's hope there won't be any further disruption!

FELIX SCULLS (AGAIN)

Congratulations to Felix, who was our sole entry into Scullers Head this year! Felix came a very respectable 92nd out of over 500 boats, beating all of the boats from our local rival, Globe. He certainly wins best photo of the year (see left!).



WHAT'S HAPPENING?

DATES FOR THE DIARY:

October

- 7th – Boathouse Blitz
- 13th – Karaoke @ the clubhouse
- 29th – Upper Thames Head

November

- 4th – Vets Fours Head
- 5th – Fours Head
- 12th – Docklands Head
- 19th – L2R Graduation

December

- 2nd – Christmas party



WHAT ELSE?

WIZZY AND HER HALF MARATHONS

After recently completing the Big Half on behalf of Curlew, Wizzy (women's captain) took up the challenge of running two more half marathons in support of Dementia UK, a charity dedicated to providing specialist nurses for families affected by dementia.

On 10th September, Wizzy took on the Great North Run, before rounding off three weeks later with the Cardiff Half on 1st October.

Earlier this year, Wizzy also showcased her commitment to fundraising by embarking on a personal challenge of covering 100,000 steps in a single day for her birthday.

If you want to find out more or donate, [please click here!](#)



IMPORTANT LINKS:

Rival Kit – [click here](#)

Training programme and race calendar – [click here](#)

Health and Safety information – [click here](#)

Session photos and videos 2023/24 – [click here](#)

Equipment Rules of Thumb – [click here](#)