Regatta news from Curlew Rowing Club.

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Curlew Rowing Club

Summer Season 2018

Welcome to a frantic round-up of this summer's achievements, ahead of the start of the new season!



Photo:Stuart Beards

Henley Women's Regatta

First Round

Curlew RC beat City of Bristol "C" - verdict 4.5L

Quarter Finals

Thames "A" beat Curlew RC - verdict 3L



Photo: Anna Holsgrove

Granted with only 16 entries into the Club Eights, no qualification was required. However, to ensure we made the quarter final, we had to come top 8 in the time trial. On paper this was achievable and so we just had to believe we could do it. Knowing the time trial 'is the final' we went out extremely hard. Alex delivered the race plan perfectly to ensure we rowed to the best of our ability. With Fred confirming the great news of coming 8th, our next focus was our first heat that afternoon... so we commenced several hours of sitting down, stretching, water, and eating flapjacks from the Oatopia van in preparation for another 'this is the final!'

Knowing that we were stronger than the Bristol crew caused the nerves to show, and after an ugly start we settled into our rhythm and quickly moved away. As per our pre-race scenario discussions, and now comfortably ahead, Alex delivered the calls to bring the rate down, with back swing and length, taking it to the finish line 4 ½ lengths ahead.

So onto the following day, the quarter final where we faced Thames (A). We knew that they were stronger but anything can happen, so we went off hard hoping that maybe, just maybe, we could knock them mentally. We managed to maintain contact way past the island, and I actually thought 'we could do this', but at that point Thames made the change and squeezed on with great efficiency. Even with calls from Alex and the support from the bank we could not get it back. We are very proud of our achievements

Words by Sophie Baker

Henley Royal Regatta

First Round

Itchen Imperial beat Curlew RC – verdict 1.5L



Photo: Stuart Beards

Pre-qualification for HRR meant that the atmosphere within the men's squad was fairly relaxed. Fred had reduced our training load in the build up to racing giving us more spare time than we knew what to do with.

We attended the draw at Henley town hall and waited with nervous anticipation for our opponents.

Unfortunately our prayers for a match up with a slower crew went unanswered as Steve Redgrave paired us with Itchen Imperial. Our post draw analysis of Itchen Imperial revealed that they were the slightly quicker crew over a two kilometre course.

Leander Club.

We were naturally disappointed to lose in the first round. We had higher ambitions as a crew but were always going to need an advantageous draw to achieve this. Despite this, the season has produced some special moments and it has been an absolute pleasure to be a part of this seasons senior men's squad.

Words by Connor Austin

Henley Master's Regatta

Semi-Final

Master's B VIII – Ruder Club "Allemannia von 1866", Germany beat Curlew RC - verdict 1/2 length

Master's B IV+ - Curlew RC beat Minerva Bath, 1 1/3 lengths

Final

Master's B IV+ - Warwick BC beat Curlew RC -verdict 1 1/4 lengths

Two weeks after Women's Henley, a week after Henley Royal it was time for the old boys to have their moment on the Henley course. Apparently a week of "socialising" at Henley Royal is not the greatest preparation for Henley Masters. Due to the lack of Master's A category at the regatta, we were unable to race the British Masters Crews which won the month earlier, so crews were reworked in order to ensure the coxed IV and the VIII were Master B average. The VIII raced on the Friday in the evening against Ruder Club "Allemannia von 1866", Germany – the German crew started very strongly, going a length up by the Barrier, however, Curlew settled and started coming back on the Germans, going through the halfway point two thirds downs, and then half a length by the finish. The time of 3.10 was the second quickest race of the day. A frustrating day and frustrating end of the season for the squad.

Time for the coxed IV, having lost convincingly to Bath earlier in the season, the first race was going to be a tough race. Curlew started strongly and surged ahead by the Barrier and stayed ahead for the rest of the race, the crew were buoyant! The final was against Warwick, who had a by into the final, fresh legs! Warwick did to Curlew, what Curlew did to Bath in the Semi-Final. Warwick started the stronger and just stayed ahead of Curlew all the way down the course.

This was the first time that Curlew RC has been at Henley Master's Regatta for over 5 years. It was a great experience, and the squad is looking forward to next season when we shall be back, bigger, stronger and more importantly OLDER!

Peterborough Regatta





Photos: Jess Phillips, Charlotte Waghorne

Masters B – W1x – Anita Jeff finished a respectable 3rd only recently coming back from a injury

Masters B – M1x – Mike Scott finished 3rd in an incredibly close race for the 2nd spot, with all three boats (behind the winner) finishing 2 seconds apart.

Master A/B – M4+ – Our master's coxed IV won their category, taking home a very nice new trophy for Curlew Rowing Club. They beat a very well drilled Bristol Ariel crew and XPress Rowing Club from Cambridge.

Band 2 – M1x – Felix did brilliantly well winning his heat, coming second by a bow ball in his semi-final and finally finishing 3rd in a really competitive category.

W2- Waggy and Jess won their final by a length to a very competitive crew from Gloucester Rowing Club.

Band 1 M4 - Curlew put a gallant fight against Thames whilst Molesey moved away convincingly.

Band 2 M4x – The boys achieved the quickest time over the 1k in semi-finals, however they were unable to repeat that feat in their final coming in second in a very close race.

City of Oxford Regatta







Saturday Finals Results:

Womens Coxed IV beat Jesus College Cambridge

Sunday Finals Results:

Mixed Double beat Fulham Reach Boat Club

Open Pairs beat East India Rowing Club

Womens Masters B/C Single Scull beat Oxford Academicals Rowing Club

Sprint VIIIs

Curlew Rowing Club won the Lunchtime Mixed Sprint Races

Photos: Emily Wilsher, Luke Vernall

AGM and Awards Evening

Crew of the Year: Women's Head of the River 1st VIII

The Committee Award for Outstanding Contribution to the Club: Felix Hemsted

Master's Rower of the Year: Mike Scott

Senior Male Rower of the Year: Stuart Beards

Senior Female Rower of the Year : Danielle Vande Voorde

Dev Rower of the Year: Sam Toner







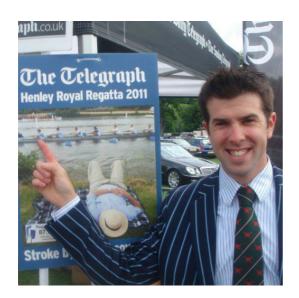




Photos: Felix Hemsted

Get to know the new Curlew Committee!

who will keep the club running smoothly over the next year...



CLUB CHAIR: MATT RICHARDSON

Ultimately accountable for all things Curlew during 2018/19

Joined Curlew: 2009

Squad: Vets

Outside Curlew: I work in the Insurance industry and in my life outside rowing - tbh I am not sure there is a life outside rowing? I suppose, I seem to spend my most of my spare time getting fat.

Aims for the year: My aims for the club this year are to focus on retaining our senior rowers, looking at starting a masters women's squad and getting the fleet all in working order. So we are financially secure, with a good fleet of boats and coaching structure. I would love to find some rowers who are interested in coaching and take them through the British rowing coaching courses. Finally to build on the fantastic work we have done last year and keep pushing the club forward.



CLUB CAPTAIN: JESS PHILLIPS

Responsible for running the on-the-water activities of the club.

Joined Curlew: 2016
Squad: Senior Women

Outside Curlew: Trainee Actuary

Aims for the year: To support our squad captains with their goals for the season, to help grow the club's membership and to ensure all members are given the opportunity to develop their rowing at Curlew. And to assist the committee with fundraising efforts to help purchase some new boats!



MEN'S CAPTAIN: STUART BEARDS Represents all members of the Senior Men's Squad and, with the Club Captain and Coach, coordinates squad training and racing.

Joined Curlew: 2017 Squad: Senior Men

Outside Curlew: Insurance Broker

Aims for the year: Alongside Ed, to maintain and improve on the Men's Squad's 2017-18 performance at Fours Head, Eights Head and Henley Royal, whilst developing new talent from the Development Squad and attracting new members to keep the squad competitive long term.

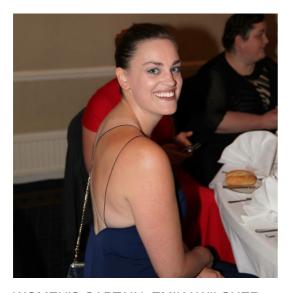


MEN'S CAPTAIN: ED NINHAM
Represents all members of the Senior Men's
Squad and, with the Club Captain and Coach,
coordinates squad training and racing.

Joined Curlew: 2015 Squad: Senior Men

Outside Curlew: Photography

Aims for the year: Alongside Stuart, to maintain and improve on the Men's Squad's 2017-18 performance at Fours Head, Eights Head and Henley Royal, whilst developing new talent from the Development Squad and attracting new members to keep the squad competitive long term.



WOMEN'S CAPTAIN: EMILY WILSHER
Represents all members of the Senior Women's
Squad and, with the Club Captain and Coach,
coordinates squad training and racing.

Joined Curlew: 2015 L2R



DEV'S CAPTAIN: HENRY IRISH

Organises Development Squad crews and
outings, and supports coaches to plan training
and races.

Joined Curlew: 2017 L2R

make my rent by working in admin.

Aims for the year: I'd like to carry on from last year's success and enter some new races and regattas the women haven't entered before.

Building the depth of the women's squad so that it sets us up to carry on for many years.



DEV'S CAPTAIN: SAM TONER

Organises Development Squad crews and
outings, and supports coaches to plan training
and races.

Joined Curlew: 2016 L2R Squad: Development Outside Curlew: Engineer

Aims for the year: Alongside Henry, to keep working on building up some strong Dev racing boats, and to support some of our development rowers who are ready to move up to the Seniors.

And daydream about rowing...

Aims for the year: Alongside Sam, I'm looking to field (at least) two strong dev racing boats, on both the men and women's side. We'll be building on the successes of last year; pushing for more wins and aiming to smash our previous Dev Squad HoRR results!



TREASURER: JOHN STEWART Responsible for all club finances.

Joined Curlew: 2014

Squad: Vets

Outside Curlew: I like to watch and take part in other sports and spend time with my nieces and nephews.

Aims for the year: Try and bring more structure to our spending and simplify our banking arrangement.



CLUB SECRETARY: REBECCA JACKSON

Contact for British Rowing and responsible for Health and Safety.

Joined Curlew: 2015 Squad: Senior Women

Outside Curlew: Financial Business Partner for

Aims for the year: To end the season injury-free!



FUNDRAISING OFFICER: GEMMA **BARKER**

Directs fundraising challenges and events to help meet the costs of running our growing club, alongside raising money for this year's charity partner.

Joined Curlew: 2016 Squad: Senior Women

Outside Curlew: About to start training as a

financial advisor

Aims for the year: Continue introducing new people to rowing and building our membership through learn to row courses, and I would love to find a business partnership or sponsorship for

Curlew.



MEMBERSHIP OFFICER: PREETI SANKARAN

Keeps track of all membership payments.

Joined Curlew: 2017 L2R Squad: Development



KIT SECRETARY: AMY POWELL

Organises kit ordering and distribution

Joined Curlew: 2017 Squad: Senior Women Regulatory Compliance at an Investment Bank

Aims for the year: Make sure I chase up on those overdue payments (and also get fitter!)



REGATTA SECRETARY: ANGUS WILSON

Responsible for all race entries

Joined Curlew: 2015 Squad: Senior Men

Outside Curlew: Software engineer

Aims for the year: Get race entries in early and keep organised to give Curlew the best possible chance at races and regattas.



and any time I'm not spending rowing, I'm drawing away instead.

Aims for the year: To keep the crews well stocked with racing kit and design some Curlew-themed training kit too.



ALUMNI OFFICER: LAURA BINNS

Links past and present members of Curlew

Joined Curlew: 2007
Squad: Senior Women

Outside Curlew: I've been in the Square Mile for 12 years, currently a Trading Support Business

Manager.

Aims for the year: Build the Alumni membership base, and get more engagement from past Curlew members.



fleet for use by all Curlew rowers.

Joined Curlew: 2015 Squad: Senior Men

Outside Curlew: I work at a housing charity working on research for campaigns, policy and

political influencing.

Aims for the year: This year I am working with Felix as equipment officer to help ensure our fleet stays in working order for the season.



SOCIAL SECRETARY: ZOE AMOS

Arranges and runs all social events

Joined Curlew: 2017

Squad: Cox for all squads

Outside Curlew: Events management

Aims for the year: To really bring together the devs, seniors and masters and hopefully some alumni to ensure that we feel like a club, not just squads that train alongside one another. If we can make a bit of cash towards new boat funds that would be great too!

fleet for use by all Curlew rowers.

Joined Curlew: 2016
Squad: Senior Men

Outside Curlew: I work as a financial analyst at the Bank of England, and I enjoy listening

to/reading history.

Aims for the year: To ensure that most boats are in working order, with (hopefully) not too expensive repairs.



INFORMATION OFFICER: MARGARET ANNE HENNESSY

Coordinates communications and marketing.

Joined Curlew: 2017 L2R Squad: Development

Outside Curlew: I work in finance. I like to go on as many holidays as possible and love a good

brunch.

Aims for the year: Together with Kat I am looking forward to growing the club's social media accounts and of course writing about the Dev's future race wins for the newsletter.



Coordinates communications and marketing.

Joined Curlew: 2016 L2R Squad: Senior Women

Outside Curlew: I work as an acoustics and vibration engineer at a car company. Other than rowing I enjoy sampling all the restaurants that London has to offer.

Aims for the year: Along with Margaret Anne my aim is to increase the visibility of the club by gathering more social media followers (target 1000+ Instagram followers!). Personally I am looking forward to getting back into hard training and improving my 2k time!









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