
News from the Fall season at the Curlew Rowing Club.

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Curlew Rowing Club

News from the docks

Welcome to the first edition of the new Curlew newsletter! Each month, we'll bring you the latest club news, as well as information on how you can get involved.



The First-Ever Trafalgar Head of the River

On Sunday 26 October, three East London rowing clubs joined together to race in the inaugural Trafalgar Head of the River.

Curlew's senior crews triumphed over boats from Globe and Poplar in a 4k race along Greenwich's scenic riverfront. Despite the menacing Thames Clippers plying the course, everyone stayed relatively dry (except Sam, who jumped into the Thames to gallantly pull his crew to shore).

For more information on the Head (and more pictures), see the write up on the [Curlew website](#).

The Docklands Head: Sunday 9th November



Curllew took on its second major race of the season — the Docklands Head — on Sunday November 9th.

The Curllew ladies' squad defended their title, winning the event over 8+s from Maidstone Invicta and King's School Canterbury.

A men's coxless four, a men's double and development squad quad also raced at the Head. You can check out the full results [here](#).

You're Invited! The annual Plum Pudding Races



The ever-popular Plum Pudding races are returning to the London Regatta Centre on December 13th from 9am to 12pm. Curllew rowers past, present and future are invited to come down, get an oar in the water, and warm up with mulled wine and mince pies afterwards.

Curllew is requesting that competitors in the fun races make a donation of £10, with proceeds going to the Curllew boat fund. All rowers are welcome, so please join us — and feel free to don a festive costume or accessory... In past years, people have worn everything from Santa hats to reindeer onesies.

Date: December 13, 2014

Time: 9am-12pm

Price: £10

Please email Curlew social secretary Bryony Mines at bryonymines@hotmail.com to reserve your spot. Racing will take place in 8+s, with seats allocated on a first come first served basis.

The Curlew Christmas Party

Curlew Club members are cordially invited to the Curlew RC Christmas Party, a black tie dinner taking place at [The Vanburgh](#) in Greenwich on December 13th (the same day as the Plum Pudding races). This is your chance to dress up and show your fellow club members there is more to you than sweaty Lycra. (Recommended dress is black tie, but wear a suit if you must!) Please reserve your spot via the [Christmas Party Booking Page](#).



Curlew welcomes a new coach



Since the start of the 2014/2015 season, a solitary figure on a bike has frequented the Royal Albert Docks every weekend, exhorting Curlew rowers to 'tap down at the finish' and 'keep your chests out!' This mysterious sage is none other than Luke Vernall, the new head coach of the Curlew Rowing Club. (Above, you can see him self-sacrificingly coxing a Curlew dev squad 8.)

Luke started his rowing career at Lea Rowing Club, and has racked up impressive accomplishments both as an oarsman and a coach, including taking a novice 4- from total beginners to Senior 4 champs of the Peterborough Summer Regatta in a matter of months.

The club is delighted to have a professional coach for the season — to learn more about Luke and our other dedicated coaches, visit the [coaching page of the Curlew website](#).

Curlew debuts on Instagram

For behind-the-scenes pictures, keep your eye on the new [Curlew Instagram](#).



Learn to Row, Spring 2014.



Preparing the Walnut for a training session.



Men's squad Autumn training.



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