

## curNEWS

The News for Curlew

Feb 2024 | Curlewrowingclub.co.uk | Edition No. 6

## HEAD SEASON HERE WE COME!

#### **CURLEW TAKES ON QUINTIN HEAD**



On 20<sup>th</sup> January 2024, Curlew's senior men and women took on Quintin Head, which is one of the biggest tideway rowing heads, and is the first of the winter rowing season. The course runs 4400 metres, from University Post just past Chiswick Bridge, to Fulham Read, which is between Hammersmith Bridge and Harrods Depository.

Despite initial disappointment due to our crews not getting entry spots, we were lucky to be waitlisted, and then subsequently have all of our entries accepted, with 3 crews racing on the day – two men's crews, and one women's crew.

Results were as follows:

Curlew Men's first boat – 69<sup>th</sup> overall

Curlew Men's second boat – 161<sup>st</sup> overall

Curlew Women's boat – 194<sup>th</sup> overall

All crews were grateful for their first opportunity to get back onto the tideway course, as we all prepare for the Head of the River Race and Women's Head of the River Race.



#### WHERE CAN YOU FIND US NEXT?

Hammersmith Head – 18<sup>th</sup> February Women's Head o the River Race – 9<sup>th</sup> March Head of the River Race– 23<sup>rd</sup> March Vet's Head – 24<sup>th</sup> March

If you want more details, please contact us via our website. We will be boating from Vesta Rowing Club for these events.

# YOUR CLUB NEEDS YOU: HELP WITH THE TRAFALGAR ROWING CENTRE

#### What is the TRC?

The Trafalgar Rowing Centre is run by members of both Globe Rowing Club and Curlew Rowing Club. The TRC manages the clubhouse, the boathouse, as well as the gym in Greenwich.

#### What has the TRC done for the club?

Over the years, the TRC has supported both Globe and Curlew to achieve its goals, going back to the 1970s.

Between 2008 and 2010, there was a major refurbishment of the clubhouse, as well securing the new gym with help from club fundraising as well as a Sport England grant.

In 2019/2020, the TRC invested to refurb the gym, with new weights and ergs, as well as installing flood/fire doors to reduce flooding in the women's changing room.

During the pandemic, the TRC supported the clubs to ensure their survival. Essentially, the TRC helps us a lot behind the scenes.

#### So, what's happened recently?

Over the last three years, TRC's costs have increased significantly. Insurance, energy and general upkeep have all increased, whilst there has been a big reduction in events and bar income. This has occurred across Greenwich.

The TRC is actively seeking to increase its income, through advertising and grant applications, but more needs to happen to ensure the survival of the TRC, and the facilities it in turn provides to Curlew and Globe.



#### How can I help?

The TRC are looking for people who can help with:

- Grant applications, promoting the centre
- Fundraising from members, alumni, and corporations
- Sign up to be the secretary or Chair

Or why not host a special event at the club? Get married (or divorced) and celebrate at the clubhouse, host a birthday party or a wedding anniversary!

## Sorry, I don't have time to commit to being on committee, is there anything else I can do?

Yes! With over 200 members between both clubs, the more we use the event facilities, the more revenue the TRC generates, keeping the clubhouse and the gym open to all. By attending club events at the clubhouse, you can support the facilities (and enjoy a pint too!)

Additionally, the clubhouse is for hire – there is a discounted members' hire fee, which is available. Please get in touch if this is something you're interested in!

Keep an eye out for upcoming events where you can support both the club and the TRC.

## **WHAT'S HAPPENING?**

#### **SAVE THE DATE!**

The club will be hosting a training and nutrition talk based on menstrual cycle mapping with an integrative health coach. This is likely to be held on Thursday, 29th February - so please save the date!

Tickets will be £5.42 (including booking fee), and other East London clubs will be welcome. If over 30 people are in attendance, this will cover the costs of the speaker, and any additional tickets sold will be donated to the charity Refuge, who are the largest UK domestic abuse organisation, supporting those fleeing domestic violence.

If you are interested in attending, please contact Wizzy.





### **TRAINING CAMP... LOCATION REVEAL**

We are excited to announce that this year's spring training camp will be taking place in Somerset, more specifically, Lake Wimbleball. This famous lake has been used by the likes of Oxford Brookes and the GB national team for their training, and we are sure that Curlew will benefit from having such an excellent location for training camp this year.

## **WELCOME TO THE ANITA JEFF (THE BOAT)**

As readers of our previous edition will be aware, the club welcomed the Anita Jeff boat on Please see some photos of the first outing on the royal docks (left).

The Anita Jeff raced at Quintin Head on 20th January, its maiden race.

