



curNEWS

The News for Curlew

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TRAINING CAMP; PBs SUCCESS!

CONGRATS ON THE PBs!

Congratulations to Jenna, Thea, Will, Charlie, Ryan, Mantas, Chris, and Matt for achieving their personal bests this month in the 2000m test! A special congratulations to Matt who achieved a pb of 6:55.5 having improved from 7:00.4 achieved over 7 years ago, and to Thea for an incredible score of 7:23.9! We can't wait to see the results come regatta season!

HRR BBQ – SAVE THE DATE!

The annual Curlew Henley BBQ will be taking place on 6th July 2024 at the Cricket Pavilion in Henley, a short walk from Henley train station. All are welcome, and more details to follow!

CURLEW TAKE ON THE BIG HALF AGAIN!

Nine part-time runners will be taking to the streets to take part in the Big Half later this year on Sunday, 1st September. This will be the third year running that members have participated in the half-marathon event to help fundraise, and to support the club. A huge thank you to Wizzy for organising our participation in this event. To find out more information, and donate, please click [here](#).

IMPORTANT DATES:

11th May – Nottingham Regatta, Nottingham
16th May – clubhouse drinks, open from 7pm
19th May – Poplar Regatta, Royal Docks

1st-2nd June – Peterborough Spring, Peterborough
15th – 16th June – British Rowing Masters Championships, Nottingham
21st – 23rd June – Henley Women's Regatta, Henley-on-Thames
28th June – Henley Royal Regatta Qualifiers Henley-on-Thames

2nd – 7th July – Henley Royal Regatta, Henley-on-Thames
6th July – Curlew HRR BBQ, Henley-on-Thames
13th July – Kingston Regatta, Kingston-Upon-Thames
19th – 22nd July – British Rowing Junior and Senior Championships Nottingham

3rd August – Henley T&V, Henley-on-Thames
17th- 18th – Oxford City Regatta, Oxford



SUCCESS AT TRAINING CAMP – REPORT BY CHARLOTTE

While a combination of flooded roads and Easter traffic may have added on hour(s) to our journey times, Curlew was in good spirits as it was welcomed by a very wet and windy Wimbleball. Despite the rather subpar rowing conditions the squad was still eager to explore, and very quickly figured out where they could get their hands on coffee and a breakfast bagel. The return of Coach Joe was a welcome sight, with his rousing briefing more taking aim at his fellow coach Chris and warning crews not to faff (a lesson we're still all learning). Slightly damp from rigging boats we headed over to our somewhat 'rustic' accommodation of a camping barns, and soon eagerly tucked into the women's veggie chilli, the first entry to the camp "come dine with me" competition.



The next day we were greeted by drier and slightly less windy conditions, allowing us to get our first session out on the water. Indeed despite the very early wake up times, the sight of being greeted by a flat lake made the lack of sleep very worth it. The club wrapped up the day with the men's boat's jambalaya - which despite not being served till gone 8pm seemed to revive Ged from whatever camp induced fugue he'd found himself in.



Day 3 was another wet and windy day but Curlew managed to put out eights, fours, doubles, and singles. It also saw the debut of the Mixed 8 - the name may be a stretch given it only contained 2 men - which the women loudly selected their chosen crewmates (victims?) via a loud amount of heckling from the bank. It was another wet and windy day. A highlight has to be Coach Joe describing stroke seat as the broken biscuit in the packet, a comment which received mixed responses from the stroke seats in his presence. Dinner that night? The men's squad stepped up again with their BBQ offering, the only negative comment I heard - "too much meat".



On the last full day of camp we were met by biblical amounts of rain and hail, which did nothing to dampen spirits. All boats managed to get out again, Wizzy and I will claim that Joe's comment of "best sculling he'd ever seen" was not in fact sarcasm. Once we had all dried off from the weather, and started to warm up again, we treated ourselves to dinner at a local pub followed up by some drinks back at the camping barn where the pool tournament became more competitive than most of the seat racing I've seen this season.



Despite fears of the trailer being stuck in the mud all boats were loaded and the trailer made it back to docks safely. Credit goes to Fabien for organising training camp (and navigating a seven hour journey home with the trailer), Andreas for organising food, Chris for making sure all payments got made on time, and all the drivers who managed to navigate the windy roads (Ollie however struggled with the car park). We are also extremely grateful for Wimbleball activities centre for hosting us.

(Just to note, the Jambalaya won come dine with me)