

# curNEWS

The News for Curlew

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### REGATTA SEASON; LET THE RACES BEGIN!

#### **WINS AT POPLAR!**





On 19<sup>th</sup> May, Curlew stayed put for Poplar Regatta, which takes place at the Royal Docks where we currently train. This race saw crews from across all squads compete, and was a fantastic success for all those involved. It was a strange experience for many to turn up late in the day, race, and then head off – certainly a different experience to most regattas!

Our senior women's 4- had been hoping to build on the success of their trip to Nottingham the week prior, and they definitely did that with a win in the Trophy 4- category. 'We just wanted to build on last weekend and drop our pb of 7:42 down to 7:40 so we were delighted with 7:32 and thoroughly seeing off Globe! It was so nice rowing into the last 250m with loads of cheers and supporters'.

The men's squad saw a range of boats entered, with Ryan and Andreas racing in the Trophy 2x, as well as the men's 8+ in the morning. However, it was the 4- A crew that came away with a win in the trophy category. See photos!

For the development squad, there were a number of racing debuts which was to great delight. The men's 8+ saw two racing debuts (Alex and Joe) as well as a coxing debut (Tia), and they absolutely smashed their target time by nearly 20 seconds to clock a creditable 7:41, raising a few eyebrows in the Curlew A boat off the starting line. In the afternoon the W4+ featured two debuts (Jen and Lucy), and a last-minute substitute of Farah into stroke due to an avocado-induced hand surgery - all four put in a hard shift in a tough draw, Both crews were well supported by their squad mates, clubmates, friends and family (hi Dan's Mum!), with the racket helping everyone over the finishing line to some well-earned hydration at the Fox. Poplar has been held up as a target since January, and everyone in the dev squad who has been involved has been digging deep in training to reach this point. Next up for them? Peterborough Spring and the BR Masters!

#### **REGATTA SEASON BEGINS IN NOTTINGHAM**

Regatta season kicked off this May in Nottingham with Curlew's senior crews entering Nottingham City Regatta on I I<sup>th</sup> May.

The women's squad performed well with the 4- placing third in their first race, securing their spot in the morning final with a time of 7:43.86. In their final, the ladies secured vengeance over Putney Town Rowing Club in the last 250m securing 5<sup>th</sup> place in the final. The crew also raced in the afternoon, and these times were a fantastic result for the crew as this was their first race together as a 4-, and set them up for success at Poplar regatta only a week later!



The senior Men's squad had three entries at Nottingham, namely two 4- and the 8+, all hoping to secure results to set themselves up strong for their campaigns towards Henley Royal Regatta, at the end of June. The 8+ had an extremely strong start, with the crew securing 6:32.8 in their first heat, and 6:35.8 in their final for the Op.Int 8+ category – impressive results both on the same day! The 8+ also competed in the Op + category, however sadly did not advance to the final.

The second men's 4- went straight into the final of the Op. Dev 4- category, and had a strong race against both Norwich Rowing Club as well as Nottingham & Union. Ryan, a member of the crew, helpfully provided 'no comment' when asked his thoughts.

The first men's 4- had their Champ race in the morning against both Tyne Rowing Club and City of oxford Rowing Club, before the Open category in the afternoon against the same clubs again as well as City of Sheffield Rowing Club too. With Tyne and City of Oxford being strong contenders from Henley in the same category, namely the Wyfold, Curlew's 4- were keen to see the competition. Men's captain Nick saying afterwards, 'it was always going to be a tough race, but we did reasonably well to hang on to a close race and managed to win by a good margin over Sheffield in the afternoon'.

#### **IMPORTANT DATES:**

I<sup>st</sup>-2<sup>nd</sup> June – Peterborough Spring, Peterborough
I5<sup>th</sup> – I6<sup>th</sup> June – British Rowing Masters
Championships, Nottingham

21<sup>st</sup> – 23<sup>rd</sup> June – Henley Women's Regatta, Henley-on-Thames

28<sup>th</sup> June – Henley Royal Regatta Qualifiers, Henley-on-Thames

2<sup>nd</sup> – 7<sup>th</sup> July – Henley Royal Regatta, Henley-on-Thames 6<sup>th</sup> July – Curlew HRR BBQ, Henley-on-Thames 13<sup>th</sup> July – Kingston Regatta, Kingston-Upon-Thames 19<sup>th</sup> – 22<sup>nd</sup> July – British Rowing Junior and Senior Championships Nottingham

3<sup>rd</sup> August – Henley T&V, Henley-on-Thames 17<sup>th</sup>- 18<sup>th</sup> – Oxford City Regatta, Oxford



## HRR BBQ – SAVE THE DATE!

The annual Curlew Henley BBQ will be taking place on 6<sup>th</sup> July 2024 at the Cricket Pavilion in Henley, a short walk from Henley train station. LINK HERE!

## PHOTOS PHOTOS PHOTOS

With so much going on recently, here's a selection of photos taken from training camp as well as two of the regattas this month.























